

It's easy to get started

with Kaiser Permanente



Choose your doctor – and change anytime

Connecting you with a doctor who suits your needs is our top priority. At kp.org/searchdoctors, you can browse our physician bios and choose one based on what's important to you – like the specialty care you need or languages you speak.

Select one doctor for your whole family or a different doctor for each family member. You can also change your doctor anytime.



Find convenient locations

You have many facilities to choose from, and you're free to see different doctors at different locations. For example, you can choose a personal doctor close to your work and a pediatrician near your child's school.

Search locations in your area at kp.org/kpfacilities.



Register on kp.org

Your connection to great health is kp.org, where you can manage your care and help improve your health anytime, anywhere. Email your Kaiser Permanente doctor's office with nonurgent questions, schedule and cancel routine appointments, view most lab test results, and more.*

Once you get your Kaiser Permanente ID card, getting started is a snap at kp.org/register.



Get prescriptions

It's easy to get your prescriptions. After you join, just call us or go online, and we'll help you transition your prescriptions to the Kaiser Permanente pharmacy of your choice.

You can also order most refills online at kp.org/refill and have them shipped to your home at no charge.

*Online features are available when you receive care at Kaiser Permanente facilities.

Services covered under your health plan are provided and/or arranged by Kaiser Permanente health plans: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232. Self-insured plans are administered by Kaiser Permanente Insurance Company, One Kaiser Plaza, Oakland, CA 94612.

Learn more at kp.org/newmember

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