

# Your Summary of Benefits NBBE - Premier Plan



## Anthem Dental Complete Network

### WELCOME TO YOUR DENTAL PLAN!

This benefit summary outlines how your dental plan works and provides you with a quick reference of your dental plan benefits. For complete coverage details, please refer to the plan certificate.

### Dental coverage you can count on

Your Anthem dental plan lets you visit any licensed dentist or specialist you want – with costs that are normally lower when you choose one within our large network.

### Savings beyond your dental plan benefits – you get more for your money.

You pay our negotiated rate for covered services from in-network dentists even if you exceed your annual benefit maximum.

### YOUR DENTAL PLAN AT A GLANCE

Annual Benefit Maximum – (Calendar Year) • Per insured person	In-Network: \$2,500 Out-of-Network: \$1,500	
Orthodontic Lifetime Benefit Maximum	In-Network: \$2,000 Out-of-Network: \$1,500	
Annual Deductible – (Calendar Year) • Per insured person • Family maximum	In-Network: \$0 Out-of-Network: \$50 Total of three times single member deductible	
Deductible Waived for Diagnostic and Preventive Services:	Yes	
Out-of-Network Reimbursement Options:	90th percentile of FAIR Health	
Dental Services	In-Network Anthem Pays:	Out-Of-Network Anthem Pays:
Diagnostic and Preventive Services, for example: • Periodic oral exam (0120) • Teeth cleaning (prophylaxis) (1110) • Bitewing X-rays (0274): Once in 12 months • Intraoral X-rays (0220)	100%	100%
Basic Services Waiting Period: None Fillings, for example: • Amalgam (silver-colored; 2160) or composite (tooth-colored; 2393)-anterior only Endodontics, for example: • Root canal (3330) Periodontics, for example: • Scaling and root planing (4341) Oral Surgery	90%  90%  90%  90%	80%  80%  80%  80%
Major Services Waiting Period: 12 months Prosthodontics, for example: • Crown (6750) • Dentures (5110) • Dental implants (6010)	60%	50%
Orthodontic Services Waiting Period: None • Coverage for children only* • Deductible waived for Orthodontic Services	50%	50%

This is not a contract. It is a partial listing of benefits and services. All covered services are subject to the conditions, limitations, exclusions, terms and provisions of the dental certificate. In the event of a discrepancy between the information contained in this benefit summary and that in the dental certificate, the dental certificate will prevail.

\*Child orthodontic coverage begins at age eight and runs through age 18. This means that the child must have been banded between the ages of eight and 19 in order to receive coverage. If children are dependents until age 26, they can continue to receive coverage, but they must have been banded before age 19.

### Choice of dentists

While your dental plan lets you choose any dentist, you may end up paying more for a service if you visit an out-of-network dentist.

#### Here's why:

In-network dentists have agreed to payment rates for various services and cannot charge you more. On the other hand, out-of-network dentists don't have a contract with us and are able to bill you for the difference between the total amount we allow to be paid for a service – called the "maximum allowed amount" – and the amount they usually charge for a service. When they bill you for this difference, it's called "balance billing."

### How Anthem dental decides on maximum allowed amounts

For services from an out-of-network dentist, the maximum allowed amount is determined in one of the following ways:

- Out-of-network dental fee schedule/rate developed by Anthem, which may be updated based on such things as reimbursement amounts accepted by dentists contracted with our dental plans, or other industry cost and usage data
- Information provided by a third-party vendor that shows comparable costs for dental services
- In-network dentist fee schedule

### Here's an example of higher costs for out-of-network dental services

This is an example only. Your experience may be different, depending on your insurance plan, the services you receive and the dentist who provides the services.

Ted gets a crown from an out-of-network dentist, who charges \$1,200 for the service and bills Anthem for that amount.

Anthem's maximum allowed amount for this dental service is \$800. That means there will be a \$400 difference, which the dentist can "balance bill" Ted.

Since Ted will also need to pay \$400 coinsurance, the total he'll pay the out-of-network dentist is \$800.

#### Here's the math:

- Dentist's charge: \$1,200
- Anthem's maximum allowed amount: \$800
- Anthem pays 50%: \$400
- Ted pays 50% (coinsurance): \$400
- Balance Ted owes the provider:  $\$1,200 - \$800 = \$400$
- Ted's total cost: \$400 coinsurance + \$400 provider balance = \$800

In the example, if Ted had gone to an in-network dentist, his cost would be only \$400 for the coinsurance because he would not have been "balance billed" the \$400 difference.

### Emergency dental treatment for the international traveler

As an Anthem dental member, you and your eligible, covered dependents automatically have access to the International Emergency Dental Program.\* With this program, you may receive emergency dental care from our listing of credentialed dentists while traveling or working nearly anywhere in the world.

\* The International Emergency Dental Program is managed by DeCare Dental, which is an independent company offering dental-management services to Anthem Blue Cross Life and Health Insurance Company.

### Promoting healthy mouths for members who are pregnant or living with diabetes\*\*

If you are pregnant or living with diabetes, you can receive one additional dental cleaning or periodontal maintenance procedure per year.

\*\*If option is included in plan design

### Finding a dentist is easy.

To select a dentist by name or location, do one of the following:

- Go to [anthem.com/ca/mydental](http://anthem.com/ca/mydental)
- Call Anthem dental Customer Service at 877-567-1804

### TO CONTACT US:

Call	Write
Refer to the toll-free number indicated on the back of your plan ID card to speak with a U.S.-based customer service representative during normal business hours. Calling after hours? We may still be able to assist you with our interactive voice-response system.	Refer to the back of your plan ID card for the address.

## Limitations & Exclusions

<p>Limitations – Below is a partial listing of dental plan limitations. Please see your Certificate of Coverage for a full list.</p> <p><b><u>Diagnostic and Preventive Services</u></b></p> <p>Oral evaluations (exam) Limited to two per Calendar Year</p> <p>Teeth cleaning (prophylaxis) Limited to two per Calendar Year</p> <p>Intraoral X-rays, single film Limited to four films per 12-month period</p> <p>Complete series X-rays (panoramic or full-mouth) Limited to once every 36 months</p> <p>Topical fluoride application Limited to once every 12 months for members through age 18</p> <p>Sealants Limited to first and second molars once every 24 months per tooth for members through age 15</p> <p><b><u>Basic and/or Major Services***</u></b></p> <p>Fillings Limited to once per surface per tooth in any 24 months</p> <p>Space Maintainers Limited to extracted primary posterior teeth once per lifetime per tooth for members through age 16</p> <p>Crowns Limited to once per tooth in a seven-year period</p> <p>Fixed and removable prosthodontics – dentures, partials, bridges, tooth implants Covered once in any seven-year period; benefits are provided for the replacement of an existing bridge, denture or partial for members age 16 or older if the appliance is seven years old or older and cannot be made serviceable.</p> <p>Root canal therapy Limited to once per lifetime per tooth; coverage is for permanent teeth only.</p> <p>Periodontal surgery Limited to one complex service per single tooth or quadrant in any 36 months, and only if the pocket depth of the tooth is five millimeters or greater</p> <p>Periodontal scaling and root planing Limited to once per quadrant in 36 months when the tooth pocket has a depth of four millimeters or greater</p> <p>***Waiting periods for endodontic, periodontic and oral surgery services may differ from other Basic Services or Major Services under the same dental plan.</p> <p><b>ADDITIONAL LIMITATION FOR ORTHODONTIC SERVICES – if Orthodontia is included as a benefit of your dental plan</b></p> <p>Orthodontia Limited to one course of treatment per lifetime</p>	<p>Exclusions – Below is a partial listing of noncovered services. Please see your Certificate of Coverage for a full list.</p> <p>Services provided before or after the term of this coverage Services received before your effective date or after your coverage ends, unless otherwise specified in the dental plan certificate</p> <p>Orthodontics (unless included as part of your dental plan benefits)</p> <p>Orthodontic braces, appliances and all related services</p> <p>Cosmetic dentistry Services provided by dentists solely for the purpose of improving the appearance of the tooth when tooth structure and function are satisfactory and no pathologic conditions (cavities) exist</p> <p>Drugs and medications Intravenous conscious sedation, IV sedation and general anesthesia when performed with nonsurgical dental care</p> <p>Analgesia, analgesic agents, anxiolysis nitrous oxide, therapeutic drug injections, medicines or drugs for nonsurgical or surgical dental care except that intravenous conscious sedation is eligible as a separate benefit when performed in conjunction with complex surgical services.</p> <p>Extractions Surgical removal of asymptomatic, nonpathologic third molars</p>
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The in-network dental providers mentioned in this communication are independently contracted providers who exercise independent professional judgment. They are not agents or employees of Anthem Blue Cross Life and Health Insurance Company.